





Some of the most important things in life cannot be seen

Like good health, and kindness, and love;

They exist in the spaces behind—

And between—

Tangible in the minds and the hearts

Of those they touch.

We like to think we have that in common:

Serving our community

Providing medical services

And aiding those who need it most.

So although we choose to avoid the spotlight,

We hope to be seen through our work.



It's not about growth. It's about serving the community need.

As we look back on the past year, the one word that keeps popping up is "growth."

We added two community health workers, one family nurse practitioner and one front office manager.

Partner clinic sites increased by more than 35%.

We added a significant new service with the Community Health Worker Program.

Our budget/revenue more than doubled.

The administrative office moved from our "little house on Loughborough" to a large business address for not-for-profits at the Delmar DivINe.

Everything, it seems, has been about growth. But from my perspective, it is not at all about growth. I can remember over the last several years being asked on several occasions about my vision for the organization: "How big do you want it to be?" or "How much growth do you hope to see?"

My answer then is my answer now — it's not about growth. I am not interested in growth for the sake of growth.

Growth is only a byproduct of striving to continue to meet the community's needs. Meeting the community's needs is the goal — the one and only goal.

And without our community of donors, our community of partners, our community of volunteers who make us who we are, we could not meet the needs of the community at large. Thank you for your service, your compassion, your friendship. We are truly grateful.

In service,

Dave Campbell, M.D., M.Ed.

President, CEO

OUR PARTNERS

Supporting Our Mission

Bayless School District

Hilltop Early Child
Development Center

SouthSide Early Childhood Center

Covenant House Missouri

Jennings School District Special School District

Crisis Nursery Saint Louis

Logos School

St. Francis Community Services

Epworth Children & Family Services

Lydia's House

St. Vincent Home for Children

Every Child's Hope Evangelical Children's Home Missouri Baptist Children's Home

The Women's Safe House

Hancock Place School District Nahed Chapman New American Academy

Youth In Need

Harris-Stowe State

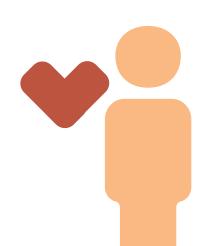
University

Pattonville School District

Room at the Inn

100% of partners agreed or strongly agreed that their agency's partnership with IFM makes it easier to meet their clients' needs.

88.2% of partners agreed or strongly agreed that having a clinic on site reduces the cost of medical services for both their clients and their agency.



An Ongoing Partnership

Expanding to meet our partners' needs

Our partnership with Youth In Need began in 2009 when they asked us to help them meet national Head Start exam and screening requirements for their south city location. Many of the patients there were recent refugees and had great difficulty accessing the traditional system. Samantha Marquard had just joined IFM, and she set up that clinic (and still operates it today). But that was only the beginning of our partnership with YIN.

Soon they asked us to help with health care of the older youth in their transitional living program in St. Charles. That began with providing backup to their nurse and has expanded to four clinics a week—operated by our nurse practitioners.

This fall, we will be opening a clinic at another of their Head Start locations in the Academy neighborhood.

Introducing "Prescription for Play" at YIN-South City

In April of this year, Samantha Marquard's Doctoral Capstone project won first place at the Midwest Nursing Research Society Conference for her "Prescription for Play" initiative, which she implemented at YIN-South City. Age-appropriate toys, funded by Cardinals Care, are "prescribed" at each Well Child visit to encourage play, imagination and fine motor skill development.

Each toy is accompanied by a card, illustrating ways families can use the toys to engage the child.

Marquard says, "The big part of Prescription for Play is the part where providers are talking with caregivers about how play helps their child's development and how playing with a loving caregiver each day is important for social emotional learning."

We are so proud of our nurse practitioners and innovative programming like Prescription for Play. The kids definitely look forward to the time in each visit when Nurse Sam grabs their toy out of the toy room and gets on the floor with them!



As we continue to focus on meeting the community's need, expanding our reach has been vitally important.

Patient demographics

Black 49% White 33% Hispanic 8% Asian 6% Other 4%

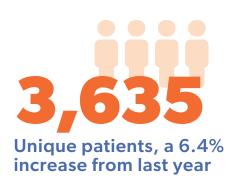








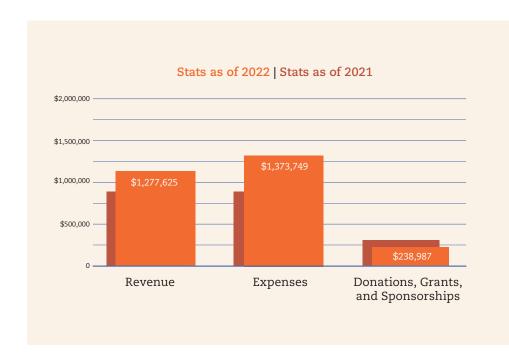
Patient visits increased from 4,429 to 6,660





Fiscal responsibility

We believe in being good stewards of our gifts. We thank you for the unbelievable support in contributing to our mission.



Serving Bridgeton

In October 2021, the St. Louis Community Foundation awarded a \$5.3 million grant from the Bridgeton Landfill Community Project Fund to create Connection for Health & Healing. This partnership between SSM Health DePaul Hospital and IFM Community Medicine serves those hardest hit by the effects of the Bridgeton Landfill.

On-site primary care clinics have been established at Missouri Baptist Children's Home and Room at the Inn. A third community clinic, open to everyone in Bridgeton, will open in late fall.

OUR PROGRESS

Professional Development

As our reach grows, so does our need for team members. We are thankful for the opportunity to hire additional community health workers and for the volunteers who topped last year's hours served from 1,466 to 1,980 (+35%).

"Volunteering with IFM Community Medicine has been highly influential in determining what kind of physician I hope to be and what patients I hope to serve."

- ALEX TEGELER, CURRENT LEAD VOLUNTEER



Mary Ann Miller, Volunteer

"family medicine"

Brook Raye has been a

Nurse Practitioner at our
Vietnamese Clinic at the St.
Francis Community Center
for a decade. When she

A new meaning to

noticed a growing need for more support at the clinic, she invited her mom, Registered Nurse Mary Ann Miller, to volunteer. Mary Ann has now volunteered with IFM for more than 7 years.



Alex Tegeler, Lead Volunteer

Our volunteers – on a path to a career in medicine

IFM is so grateful for the partnership with Washington University's post-baccalaureate/pre-

medical program. More than 60 individuals have spent 1-3 years volunteering in our clinics and have gone on to careers in medicine. We believe this partnership (initiated by Rachel Werner in 2014) doesn't just result in quality care, but it helps form future doctors within our community who will have an understanding of the needs of the underserved.

Adding to the team

Two Community Health Workers (CHW) have been hired as part of Connection for Health & Healing to provide resources and support for individuals and families in navigating health and social service systems. Families are assisted with needed medications, food, household items and Medicaid enrollment.

"I don't know what I would have done without your help. My kids and I were alone and homeless and you were kind, compassionate and helped me get to a better place."

- CLIENT OF ONE OF OUR COMMUNITY HEALTH WORKERS



Hired two Community Health Workers



Organizations reached by **Community Health Workers**





OUR NEW HOME

The IFM Feature Wall & Devoted Service Wall

Found in our new location at the Delmar DivINe, the Feature Wall expresses the intentionality behind our work. The variety of colors represent the diversity of people and organizations we serve. Each acrylic "i" tells the story of our partners and is translucent to emphasize how our behind-the-scenes work shines through to serve the community.

Our Devoted Service Wall, found in the Ellerbrake Deaconess Legacy Room, pays tribute to the spirit of Deaconess, a reminder that devoted service endures in the community even as worldly organizations and institutions change. This devoted service spreads hope and strength to the displaced and underserved in order that they may find new strength to pass on to others.

















Honoring Reverend Richard Ellerbrake

For most looking at IFM from the outside, they see Dr. Campbell, the founder and CEO, as the face of the organization. There is another individual who, behind the scenes, has been there from Day 1 — someone without whom IFM would likely not exist today. That person is Reverend Richard Ellerbrake. Rev. Ellerbrake retired as CEO of Deaconess Hospital in 1991, but agreed in 2000 to join the inaugural board of directors of IFM. He served first as a board member, then board chair for 12 years, and now as Chair Emeritus. He has faithfully and tirelessly carried the flag for IFM and made contacts for funding that, on more than one occasion, saved the day (and saved the organization). He embodies the spirit of Deaconess, and we couldn't think of a more appropriate person to honor on our Devoted Service Wall.

DONORS

Investing in a Healthier Community

Lynn Abernathy

Mr. & Mrs. John Althoff

Patricia Arnold

Alex & John Arnold

Carol & Ronald Ashworth

Kathy Baker

William Biedenstein*

Denise & James Buck

Jane & Jack Buelt

Laura & Steven Busch

Kathleen & Paul Castellanos

Harriet & Sheridan Clark

Mary Kaye & Mike Cody

Janine Ford & Randall Combs

Jane & Mario Conte*

Paul Convery

Darlene Cooper

Jill & Michael Cooper

Barbara & Stephen Corn

Covenant House Missouri

Jennifer & Paul Crowe

Peggy & John Curci

Michael Deniszczuk

Kimberly & Gene Diederich

Betsy & Mark Dow

Janet & Charles Eggleston

Johann & Richard Ellerbrake*

Megan Flaskamper

Dawn & Donald Flower

Felicia Ford

Mary Lou Frank

Maria Frank

Marsha & Edward Fuchs

Kathryn Borzillo & Louis Galli*

Madeline Gemoules

Carolyn & Byron Golfin

Margaret & Dave Graf

Mary & Thomas Granneman

Judy & George Green

Shirley & Robert Gregoire*

Kieran Gutting

Hancock Place School District

Teresa Hayden

Nancy & John Hillhouse

Paul Hintze

Scott Hunt

Karen & Joseph Kahn

Janice & William Kasalko

Kelly & Chuck Kim

Gloria King

Carol & Ward Klein

Marea & Ray Kluth-Hoppe

Karen & Michael Koehneman

Julie Koesterer

Tara & David Lewis

Christine & William Linnenbringer

William Madosky

Blake Marggraff*

MJ & Jim Marggraff

Cheryl & Terry Matejka

Charlotte McClure

Valerie & Denny Mertz

Peter Michelson

Ken Miesner

Paul Miller

Missouri Baptist Children's Home

Lucinda & Fred Moore*

Raelyn Mortellaro

Sharon & Craig Neumeister

Angela Neumeister Brightman

Denise Nguyen

Deana Nichols

Edette Nichols

Judy & John Norman

Richard Overman

Blake Padberg

Chistine & Richard Pennell

Kathleen & Frank Pesha

Linda & Dennis Popp

Megan Power & Jay DeLong

Joyce & Jim Reese

Debbie & Charles Rehm

Mary & Cliff Reynolds

Darina & Barry Sargeant*

Jeanie & Larry Schiffer

Kathleen & William Schoenhard

Mary Sealey

Russell Searight

Patricia & Daryl Sohn*

Peggy & Roger Steinbecker*

Keith Steinbecker

Christina & Kyle Steinbecker

Diane Stites

Terri & Steven Stout

Judy & Steven Swyers

Rebecca & Shad Syfert

Jerome Thurman

Reena & Arun Venkatesan

Heather Wade

Antoinette & William Walker

Pamela Wallace

Jason Ware

Jacqueline Welkener

Kathryn & Gary Welker

Lorinette Wirth

Ronald Zimmer

*Lifetime Founders Guild Donors | Board Members | Young Professionals Group

A Lifetime Founders Guild Donor has contributed \$2,500 or greater over the lifetime of IFM Community Medicine



Grant funders & community support

Cardinals Care

Church Women United

Episcopal Presbyterian

Health Trust

Esse Health Foundation

Katie's Pizza & Pasta

Mercy Health Foundation

Mercy Hospital South

Old Enterprise Foundation

Saigh Foundation

Signature Healthcare Foundation

SSM Health DePaul Hospital

SSM Health Foundation

St. Louis Community

Foundation

The Vatterott Foundation

Wayne C. Kaufman Charitable Foundation

Youthbridge Community Foundation

On-Going Support:

Amazon Smile

Amazon Wishlist

Giveable

GiveSTL

Giving Tuesday

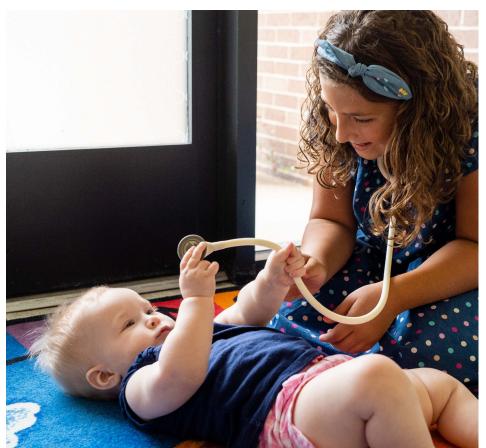
Schnucks Rewards

Card Program

Year End Appeal

Thank you to our donors

We would like to reiterate our gratitude and thanks to our donors. Without your support, we would not be able to reach those who desperately need quality health services. Your generous gifts allow us to give the gifts of medicine, hope and strength.





THE IFM TEAM

Board Members



Fred Moore
CHAIR
Managing Partner,
Moore Computing LLP



Lou Galli, JD
VICE CHAIR
Chief Legal Counsel,
St. Louis Board of Aldermen



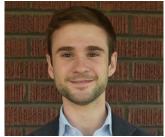
Jason Ware, MBA TREASURER Chief Financial Officer, Care STL



Rev. Richard Ellerbrake CHAIR EMERITUS CEO/COO (retired), Deaconess Health Services



Roger Steinbecker SECRETARY Managing Partner (retired), Pricewaterhouse Coopers, LLP



Blake Marggraff Founder and CEO, CareSignal - a Lightbeam Company



Kathryn JamboretzFounder and CEO,
Jamboretz PR



Denise Nguyen, MPH, MBASr. Financial Analyst,
Express Scripts



Kieran GuttingPresident and Founder,
Planning with Kieran



Deidre Griffith, MPHVP of Programs,
Alliance for a Healthier
Generation



Devita Stallings, PhD, RNAssociate Professor and RN-BSN
Program Coordinator,
Saint Louis University

Thank you to former board members Jerome Thurman, MD, Lorinette Wirth and Felicia Ford. Dr. Thurman has transitioned to serve on the IFM Medical Advisory Board. Lorinette and Felicia completed their board terms during the 2022 fiscal year.



Leadership team

Dave Campbell, M.D., M.Ed.President, CEO

Sharon Neumeister, RN, BSN, MA Chief Program Officer

Stacy LoBello, FNP-C Chief Clinical Officer

Raelyn Mortellaro, Chief Operating Officer

Maggie Graf, RN, MSN Director of Health Education

where medicine meets community

(314) 833-4030 | ifm-stl.org | @ifmstl