



**Institute for Family Medicine
St Louis, Missouri**



2009 Annual Report

For July 1, 2008 - June 30, 2009 Fiscal Year

VISION

We envision a community where

- Every person has a health home
- Quality health services are available and appropriately utilized
- Disparities in health outcomes are reduced
- Community agencies collaborate to improve health services
- A sustainable cadre of health professionals is committed to achieving the vision

MISSION

Improve the health and quality of life for disadvantaged children and families by reducing access barriers and delivering quality health care services.

At the end of the fiscal year reported here, we are very near the 10 year anniversary of the establishment of the Institute for Family Medicine. The organization was incorporated as a Missouri not-for-profit in November 1999, and gained 501(c)(3) status and began operation shortly thereafter.

As the reader looks through this report at the various activities and programs of the Institute for Family Medicine, a fair question would be “did you envision all of this when the organization first formed?”

The answer would be that clearly I did not. The primary impetus for forming the organization was to contract with the St. Louis County Department of Health to staff their primary care clinics with physicians. We also envisioned a very strong medical education focus. Nearly ten years later, we continue to partner with the St. Louis County Department of Health to provide primary care services at their health centers, but the educational program did not develop as we had envisioned. What we found instead were many opportunities and challenges to help meet the medical needs of individuals and families who have difficulty accessing the healthcare delivery system. We were “discovered” by other organizations that serve poor and disadvantaged individuals who needed primary healthcare services. In the Institute for Family Medicine, people found an organization that was flexible, easy to work with, and willing to explore creative solutions to healthcare related problems.

David C. Campbell, MD
Chief Executive Officer

Over 40,000 services provided in 2008 – 2009!

Three primary categories of services at the Institute:



Traditional
Office
Practice

St Louis
County
Department
of Health

Community
Health
Services

Traditional Office Practice

The Institute maintains a traditional primary care physician office located at 4590 South Lindbergh Boulevard. We were fortunate to have three skilled and caring providers at our private practice: Abby Borgemeyer, Physician Assistant, Dr. David Campbell, Dr. William Feldner. All providers are certified in Family Practice. Dr. Feldner is also trained in sports medicine. Combined, the providers saw 4,910 patients at the traditional practice.

Services with St Louis County Department of Health

The Institute has been contracted with St Louis County Department of Health since 2000 to provide primary care physicians and nurse practitioners for the three health centers and two correctional facilities. The three health centers are John C. Murphy on Helen Avenue near the airport, North Central on Jennings Station, and South County on South Lindbergh. Nine Family Practice or Internal Medicine physicians, three pediatricians, and three Family Nurse Practitioners saw patients at the three health centers. During the fiscal year 2008 – 2009, these providers saw a total of 19,086 visits.

Our staff at the correctional facilities include a Medical Director, a Family Nurse Practitioner, and a podiatrist. During the fiscal year 2008 – 2009, these providers saw a total of 2,159 patients.

In 2008, we received a grant from the American Medical Association (AMA) for the purpose of improving patient education on the dangers of second hand smoke on young children.

Community Services

SCHOOLS

Schools		
Locations	Included Services	No. served
<i>Hancock Place</i>	School Based Health Center	460
	Dental grants	86
<i>St Louis Public Schools</i>	On – site	456
	Dental grants	67
	Teens Against Tobacco Use (TATU)	51 trained 727 reached
<i>Bayless</i>	On – site	55
	Dental grants	52
<i>Wellston</i>	On – site	99
<i>Jennings</i>	On – site	89
<i>University City</i>	Dental grants	57
<i>Maplewood Richmond Heights</i>	Dental grants	30
<i>St Louis Charter School</i>	TATU	13 trained
Valley Park	Dental grants only	19
Hazelwood	Dental grants only	212
Oakville	NOT only	17
All schools	Subtotal on-site services	2490
<i>All schools</i>	School Nurse consults	81
<i>All schools</i>	Parent consults	95
<i>All schools</i>	Referral to PCP	22
<i>All schools</i>	Needs referral, no PCP	4
All Schools	Total all services	2692

The community services offered by the Institute constitute an important part of the mission. There are two types of community services at IFM: schools and partnerships with social service organizations.

IFM services in schools include medical and other health services. IFM was the Medical Director for 11 school districts or charter schools. These schools are: St Louis Public Schools, St Louis Charter School, Hancock Place, Bayless, Maplewood Richmond Heights, University City, Jennings, Riverview Gardens, Wellston, Clayton (adult standing orders only), and University of Missouri St Louis. As Medical Director, the Institute provides phone or email consultation on health issues; and standing orders of over the counter and emergency medications. With these services, school nurses have greater efficiency. The Institute also sends a Family Nurse Practitioner or Physician on site to selected schools.

Other health services at affiliated schools include Teens Against Tobacco Use (a grant funded tobacco prevention program), NOT

(Not on Tobacco), a grant funded smoking cessation program for young adults, and dental services. Dental services include education, preventive sealants, and treatment. These services occurred in select schools where IFM serves as Medical Director, as well as Valley Park, Hazelwood, and Oakville.

People served at the schools were of diverse heritage: 38% African American, 40% Caucasian, and 22% other minorities, including Eastern European, Hispanic, African, Asian, and Middle Eastern.

Italics denotes district where IFM serves as medical director.



PARTNERSHIPS

Partnerships with social service organizations included public housing, four organizations that serve children and youth, and three that serve New Americans. The Institute partnered with St Louis University School of Nursing to operate a primary care clinic in St Louis Housing Authority residences that serve the elderly and disabled. James House served 47 patients in the fall (the clinic suspended operations in December 2008 for facility renovation.) Since 2000, either a physician or a Family Nurse Practitioner has provided medical services to children at ECH (formerly Evangelical Children’s Home; currently Every Child’s Hope). The Institute coordinates medical care at the five St Louis Crisis Nursery facilities in 2007. (Numbers are reported below for four sites as an independent organization provides physicals at the fifth.) The state requires a physical on all children shortly after they are taken into care. The Vietnamese clinic, now housed at its new location at Youth in Need South Side, provided culturally competent care for the Vietnamese population.

Type of Org.	Partnerships with Social Service Organizations		No. Served
	Name	Location	
Housing	St Louis Housing Association	Parkview	878
		James House	47
Children/Youth	ECH		1198
Children/Youth	Crisis Nursery	Forest Park	805
		Christian Hospital	428
		St Charles St Joes	374
		St Charles West	203
Children/Youth	Covenant House Missouri	Physicals at 4590	49
Children/Youth	Youth in Need	South Side	8*
New Americans	Vietnamese Clinic	South Side	506
New Americans	International Institute	South Side	680
New Americans	La Clinica	South Side	Approx. 3100
All	Social Service total	All	8276

** Note that services at Youth in Need began June 2008.*

GRANTS

In 2008 – 2009 the Institute was proud to have the financial support of five school related grants and three for social service. Of the school grants, two supported tobacco prevention and cessation and two supported dental services. The fifth school grant from Express Scripts provided general support. The first tobacco grant, funded by the Missouri Foundation for Health, supported the Teens Against Tobacco Use (TATU) program. TATU, which was created by the American Lung Association, trains teens to educate younger children to stay smoke free. The American Lung Association of the Central States supported the second grant, called NOT, or Not on Tobacco. NOT provided smoking cessation to high school students and young adults.

The larger of the two dental services grants supports a preventive sealant program that serves uninsured students in seven school districts. Funding for both TATU and the sealant projects was provided by the Missouri Foundation for Health (MFH), a philanthropic organization whose vision is to improve the health of the people in the communities it serves. Daughters of Charity Foundation of St Louis provided funding for fillings, cleanings and other restorative treatment. Rooted in the loving ministry of Jesus as healer, Daughters of Charity is committed to serving persons who are poor and vulnerable. The combination of the two grants allows the Institute to offer comprehensive, accessible and quality dental services to uninsured students in six participating school districts. Dental services are offered in conjunction with Nevin Waters, DDS, who operates the school based dental company, “Big Smiles”.

To complement the dental services, the Institute began a partnership in 2009 with the Dental Technologies program at Forest Park Community College and the Missouri Department of Health and Senior Services, Division of Community and Public Health, Oral Health Program. In spring 2009, this partnership provided oral screenings, oral hygiene education, and fluoride varnish (to help prevent cavities) to 165 students at eight area schools in six districts. In addition to providing needed preventive services to underserved students, the program also serves as skills training for the Dental Hygiene

Grants		No.Served
School: Tobacco	Teens Against Tobacco Use: # students trained # People educated by students	64 727
School: Tobacco	Not on Tobacco	30
School: Dental	Children screened by dentist	652
School: Dental	Children receive sealants	392
School: Dental	Children receive treatment	426
School: Dental	Students receiving in - class oral hygiene education	836
School: Dental	Varnish 1 st app/2 nd app	165/110
School: Dental	Children screened by FPCC	170
Community	Diabetes Self Management	6
DOH	American Medical Association: DOH 2 nd hand smoke prevention	NK
All Grants	Total all services	3468

students at the college.

In 2008 – 2009, the Institute had two other grants that supported tobacco prevention. In order to further its goal of reducing the dangerous impact of second hand smoke among young children, the American Medical Association offered grant support to the Institute. The Institute partnered with St Louis County Department of Health. In addition, MFH provided funding for the St Louis Smoke Free Coalition, which advocates for smoke free laws in order to protect the public health. IFM was the fiscal agent for this grant.

Finally, the Institute received a contract from Washington University School of Medicine to offer diabetes self management classes in the community. Washington University received their funding for this project from MFH. Six individuals completed the series, attending all 6 classes offered by the Institute.

Note: Some students received more than one dental service.

Institute Salute Gala event Institute Salute Gala event



Norma Stern, winner of the Lifetime Achievement Award, celebrates with her guests.

The Institute Salute was held on Saturday September 20, 2008 at the Hyatt St Louis Riverfront. Almost 2000 people attended a lovely evening, which featured entertainment by the Blue Knights Orchestra, dinner, a silent auction and awards to deserving Community Champions. This year's Champions were Richelle Clark of the St Louis Public Schools, Rochelle Dean of the Fetal Infant Mortality Review (Individuals), Maternal Child and Family Health Coalition (Health care), Evangelical Children's Home and Father's Support Center ((Not for Profit), Mary Jo Feldstein (Media), Norma Stern (Lifetime Achievement). We were honored to have local celebrities in attendance, including Carol Daniel, who served as emcee and Mary Jo Feldstein, columnist for the St Louis Post Dispatch, was the keynote speaker.

Some of the exciting silent auction items included a beautiful yellow gold ring donated by Vincent's Jewelers, a week stay in a furnished beach-side condo in Gulf Shores, AL, donated by Maria and Peter Bitzer, and a golf outing with Larry Connors at St. Albans, donated by Janet and Larry Connors. The evening raised \$38,299 and netted \$18,381 for the Institute's programs.

Financial Statement

For fiscal year July 1, 2008 through June 30, 2009

Revenue

Contracts.....	\$2,143,669
Grants.....	\$281,119
Program (patient billing and Medical Director fees).....	\$720,811
Interest.....	\$14
Fundraising gross.....	\$38,299
Other revenue.....	\$21,116

Total Revenues.....\$3,205,028

Expense

Program services.....	\$2,628,749
Administration.....	\$632,026
Fundraising expense.....	\$19,918
Total expenses.....	\$3,280,693

Current Fund

Expenses in excess of revenue.....	-\$75,665
Net assets on 6/30/08.....	-\$667,132
Net assets on 6/30/09.....	-\$705,413
Net assets or fund balances as of end of year.....	-\$705,413

*From 2008 2009 IRS Form 990

Address questions to: Mary Cappel, Vice President & Chief Business Officer
(314) 849-7669 (105)

Board Members

Officers

As of June 30, 2009

Richard Ellerbrake, DD
President Emeritus,
Deaconess Health System

James Romeis, PhD; Vice Chair
St Louis University School of Public Health

Reginald Montgomery; Treasurer
Kelly Financial Services

Lynn Abernathy, MSW
St Louis Effort for AIDS

Rodney Coe, PhD
Emeritus, St Louis University School of Medicine

Ivory Crockett
Forest Park Hospital

Megan Flaskamper, JD
Centene Corporation

Romain G. Morales, RN, CM
Vincentian Priest

Danny Wedding, PhD
Missouri Institute of Mental Health

David C. Campbell, MD, MEd
President & Chief Executive Officer

Mary Cappel
Vice President & Chief Business Officer

Tracy Pestka, RN
Chief Nursing Officer & Practice Manager

Cash Donations

\$2,500 to \$10,000

Anheuser Busch Companies, Inc.
Anonymous donor
Deaconess Foundation
Emerson Charitable Trust
St Louis University Hospital

\$1,000 - \$2,499

Rod & Elaine Coe
Richard Ellerbrake

\$500 - \$999

Celeste Breitweiser
Fr. Romain Morales
Nancy Sublette
Wellpoint

\$200 - \$499

Melinda Clark
Megan Flaskamper
Joyce Reese

Up to \$200

Lynn Abernathy
Lucille & Charles Campbell
William Compton
James & Darlene Cooper
Susan & Bill Cox
Marie Diel
Judith & Samuel Dubelman
Marion Gauer
Mr & Mrs Byron Golfin
Shirley Hilbert
Vickie Horst
Don Hudson
Arthur & Ida Jane Iseli
Florence Sue Jeffreys
Nicholas D Katsaras
Celeste & Kevin Key
K.L. Kinder

Anna Mae & Betty Jean Meppiel
Metro Heart Group
Monsanto
Reginald Montgomery
Cheryl & Timothy O'Neill
Mary & Gerald Ortvals
Sherri Pogue
Dr. Dennis & Linda Popp
Michelle Schmitt
Sisters of the Most Precious Blood
Mr. & Mrs. Glen Smith
UCC Benevolence Fund
Lisa & Bill Waeckerle
John & Marva Warmington
Jacqueline Welkener

Non Cash Donations

Lynn Abernathy
Almond's Restaurant
Lisa Bauer
Blanche M. Touhill Performing Arts
Center
Maria and Peter Bitzer
Blue Owl Bar and Grill
Linda Bridwell Pals
Tom and Judy Byrd
Cardinals
Cardwell's Clayton
Cinema St Louis
Concord Wash and Detail
Janet and Larry Conners
Cornucopia
Crate and Barrel
Crystal Quarry Golf Course
Dierbergs
Deirdorf and Hart's
Drury Hotels
D'Vine Wine of Kirkwood
Erato Wine Bar
Family Video
Cindy Ferris
Firestone
Four Seasons Hotel St Louis
Friends, Family and Staff of Administaff
Funny Bone Comedy Club
Gateway Grizzlies
General Grant Car Wash
Ginger Bay Salon and Spa Group
Gravois Auto Repair
Green Park Automotive
Gringo Jones
Alan Hautly
Heartland Bank
Hyatt Regency St Louis Riverfront Hotel
Irish Crystal Company
J Brunner's
Kaldi's Coffee Roasting Company
Kate Klaverkamp
Kenrick's Meats and Catering

Kutis Funeral Home
Lodge of the Four Seasons
Maggiano's Little Italy
Maritz
Marshalls
Massage Envy
Connie McDermott
Metro Air Support
Missouri Botanical Garden
Nancy Ortinau
Ozzie's Restaurant
Panera Bread
John Papa and Pat Edwards
Pujol's Restaurant
Qdoba Mexican Grill
Ram's Football
Reggie Thorpe
Renaissance St Louis Grand & Suites Hotel
Libby Reuter
St Louis Symphony
Sam's Steakhouse
Scandal's Day Spa and Salon
Michelle Schmitt
Shannon Shop
Sheraton Westport Hotel
Margaret Simon
Target
The Black Rep
The Blue Heron and the Potted Steer
The Repertory Theatre of St Louis
Trader Joe's
Trainweck Saloon
Twisted Sisters Nails
Vincent's Jewelers
Vinciguerra Jewelers
Mary Jo Wagner, RPT
Wasabi Sushi Bar
Westport