



**Institute for Family Medicine
St Louis, Missouri**



2008 Annual Report

For July 1, 2007 - June 30, 2008 Fiscal Year

[2008 Annual Report]

VISION

We envision a community where

- Every person has a health home
- Quality health services are available and appropriately utilized
- Disparities in health outcomes are reduced
- Community agencies collaborate to improve health services
- A sustainable cadre of health professionals is committed to achieving the vision

MISSION

The Institute for Family Medicine is an independent, non-profit organization of physicians and health care professionals dedicated to traditional family medicine, comprehensive community-based services and public health, and innovative community partnerships to provide health care and promote wellness for the underserved.

It is always a challenge to explain, as concisely as possible, exactly what the Institute for Family Medicine does.

This annual report breaks out the detail, but in a global sense, the Institute for Family Medicine works to reduce barriers to quality primary care services for all individuals, especially those who face substantial barriers in obtaining health care.

This annual report separates our clinical programs into three categories: the traditional office practice; services with the St Louis County Department of Health; and community services. I encourage you to read about the various programs with the above stated goal in mind – reducing barriers to quality primary care services:

- Reducing the barrier of transportation: Many individuals cannot just hop in their car and head out to the doctor's office. Many have limited mobility, or are dependent on public transportation. In the case of children, they are totally dependent on others for their transportation. The Institute for Family Medicine brings access to healthcare closer to where people are – in the schools, in the neighborhoods, in public housing, or in the social service organizations.

- Reducing the barrier of high cost: The Institute for Family Medicine, through creative partnerships, holds down the cost of health care for the poor and the uninsured.

- Reducing the barrier of language and cultural differences: Through creative partnership, the Institute for Family Medicine works in several settings with populations for whom English is not their primary language, providing culturally sensitive, quality primary care services.

This work has its challenges, not the least of which is financial. The reward is in helping over 215,000 individuals in 2008 through our various programs and services.

David C. Campbell, MD
Chief Executive Officer

Institute for Family Medicine

Three primary categories of services at the Institute:



Traditional
Office
Practice



St Louis
County
Department
of Health



Community
Services

Traditional Office Practice

The Institute maintains a traditional primary care physician office located at 4590 South Lindbergh Boulevard. We were fortunate to have five skilled and caring providers at our private practice: Abby Borgemeyer, Physician Assistant, Dr. David Campbell, Dr. William Feldner, Dr. Melissa Murray, and Dr. Andrew Scaduto. All providers are certified in Family Practice. Dr. Feldner is also trained in sports medicine. Combined, the providers saw 5,265 patients at the traditional practice.

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Services with St Louis County Department of Health

The Institute has been contracted with St Louis County Department of Health since 2000 to provide primary care physicians and nurse practitioners for the three health centers and two correctional facilities. The three health centers are John C. Murphy on Helen Avenue near the airport, North Central on Jennings Station, and South County on South Lindbergh. Nine Family Practice or Internal Medicine physicians, three pediatricians, and three Family Nurse Practitioners saw patients at the three health centers. Our staff at the correctional facilities include a Medical Director, a Family Nurse Practitioner, and a podiatrist.

In 2008, we received a grant from the American Medical Association (AMA) for the purpose of improving patient education on the dangers of second hand smoke on young children. In April, Janet Williams of the AMA presented strategies of improved patient education at a provider in-service.

Each of three primary care clinics provided about 30,000 patient visits during the fiscal year: John C Murphy – 38,695, North Central Health Center – 29,935, South – 30,304. At the Justice Center, providers saw approximately 17,000 patients in clinic visits. There were an additional 62,000 patients seen for infirmary admissions, standing orders, and intake screenings by an RN. In addition, the Juvenile Detention Center and Lakeside Detention Center saw an additional 1,000 people.

Community Services

Schools		
Locations	Included Services	No. served
<i>Hancock Place</i>	School Based Health Center	401
	Dental grants	226
<i>St Louis Public Schools</i>	On – site	266
	Dental grants	180
	Teens Against Tobacco Use (TATU)	48 trained 951 educated
	Orders & consultation	3785
<i>Bayless</i>	On – site	79
	Orders & consultation	6066
	Dental grants	78
<i>Wellston</i>	On – site	194
	Orders & consultation	130
<i>Jennings</i>	On – site	217
	Orders & consultation	807
<i>Normandy</i>	On – site	165
	Orders & consultation	2327
<i>Riverview Gardens</i>	Orders & consultation	43
<i>University City</i>	Orders & consultation	2405
	Dental grants	49
<i>Maplewood Richmond Heights</i>	Orders & consultation	2275
	Dental grants	66
<i>St Louis Charter School</i>	Orders & consultation	1686
<i>Clayton</i>	Adult staff orders only	413
<i>University of Missouri St Louis</i>	On site	NK
<i>Special School District</i>	Orders & consultation	NK
<i>Valley Park</i>	Dental grants only	69
<i>Hazelwood</i>	Dental grants only	46
<i>Imagine Charter Schools</i>	TATU – students trained	16
Total school		22,988

SCHOOLS

The community services offered by the Institute constitute an important part of the mission. There are two types of community services at IFM: schools and partnerships with social service organizations.

IFM services in schools include medical and other health services. IFM was the Medical Director for 11 school districts or charter schools. As Medical Director, the Institute provides phone or email consultation on health issues; and standing orders of over the counter and emergency medications. With these services, school nurses have greater efficiency. The Institute also sends a Family Nurse Practitioner or physician on site to selected schools.

Other health services at affiliated schools include Teens Against Tobacco Use (a grant funded tobacco prevention program) and dental services. Dental services include education, preventive sealants, and treatment.

People served at the schools were of diverse heritage: 58% African American, 29% Caucasian, and 13% “other” including Eastern European, African, Asian, and Middle Eastern.

NK: Not known

Italics denotes district where IFM serves as medical director.

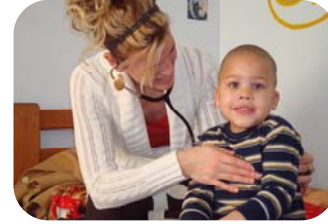
Institute for Family Medicine



School based dental program



TATU students film public service announcement



Exam at Crisis Nursery



La Clinica

PARTNERSHIPS

Partnerships with social service organizations included public housing, three organizations that serve children and youth, and two cultural specific clinics. The Institute partnered with St Louis University School of Nursing to operate two primary care clinics in St Louis Housing Authority residences that serve the elderly and disabled. At these two clinics there were over 700 patient visits. Since 2000, either a physician or a Family Nurse Practitioner has provided medical services to children at Evangelical Children’s Home. In 2007, there were over 350 patient visits. The Institute began providing physicals to children staying at four of the five St Louis Crisis Nursery facility in 2007. The state requires a physical on all children shortly after they are taken into care. Between the four sites, over 1300 children from birth to 12 years of age received a physical. La Clinica provided culturally competent care for the Hispanic population. The Vietnamese clinic, housed at La Clinica, provided culturally competent care for the Vietnamese population.

Partnerships with Social Service Organizations		No. Served
Housing	Parkview	665
	James House	88
Evangelical Children’s Home		374
Crisis Nursery	Forest Park	752
	Christian Hospital	262
	St Charles St Joes	231
	St Charles West	131
Covenant House Missouri	Physicals at 4590	83
La Clinica		Approx. 7000
Vietnamese Clinic		100
Social Service total		9,686

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GRANTS

In 2007 – 2008 the Institute was proud to have been awarded four school related grants and three for social service. The School Health Initiative (SHI) was a three year grant, funded by Episcopal Presbyterian Charitable Health and Medical Trust; funding ended in March 2008. The expressed purpose of the trust is to continue the health care ministry to the poor started in 1865. The purpose of SHI was to strengthen the three party relationships between the Institute, participating schools, and the Public Health Nursing Department within St Louis County Department of Health department. The other school related grants supported the Teens Against Tobacco Use (TATU) program and school based dental services. TATU, which was created by the American Lung Association, trains teens to educate younger children to stay smoke free. The larger of the two dental services grants supports a preventive sealant program that serves uninsured students in seven school districts. Funding for both TATU and the sealant projects was provided by the Missouri Foundation for Health (MFH), a philanthropic organization whose vision is to improve the health of the people in the communities it serves. Daughters of Charity Foundation of St Louis provided funding for fillings, cleanings and other restorative treatment. Rooted in the loving ministry of Jesus as healer, the Foundation is committed to serving persons who are poor and vulnerable. The combination of the two grants allows the Institute to offer comprehensive, accessible and quality dental services to uninsured students in six participating school districts. Dental services are offered in conjunction with Nevin Waters, DDS.

Grants		No. Served
Type	Grants	
Schools	School Health Initiative	Support grant
	Teens Against Tobacco Use	1015
	Dental sealant Dental treatment	435 360
Social service	St Louis City Smoke Free Coalition	Advocacy grants
	Diabetes Self Management	15
DOH	American Medical Association: DOH 2 nd hand smoke prevention	NK

In 2007 – 2008, the Institute had three other grants that supported tobacco prevention. The St Louis City Smoke Free Coalition received two tobacco policy grants from MFH and the American Non Smoker’s Rights Foundation. At the request of the Coalition, the Institute served as fiscal agent for these grants. In order to further its goal of reducing the dangerous impact of second hand

smoke among young children, the American Medical Association offered grant support to the Institute. The Institute partnered with St Louis County Department of Health in order to reach the greatest number of families with small children. Finally, the Institute received a contract from Washington University School of Medicine to offer diabetes self management classes in the community. Washington University received their funding for this project from MFH. Fifteen individuals graduated from the class series offered by the Institute.

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Institute Salute Gala event

The second annual fundraiser was held on September 15, 2007 at the Hilton St. Louis Airport Hotel. The event was highlighted by the presentation of the Institute Salute Community Champions awards, honoring those in the community who gave selflessly in the area of healthcare. The award winners were Missouri State Representative Rachel Storch in the category of Politics; the University of Missouri-St. Louis College of Optometry in the category of Health Care Organization; John Carlton in the category of Media; The Wellness Community in the category of Not-for-Profit; Matt German, MD in the category of Individual; Wendell Williams, MD also in the category of Individual; and the Girls Holla Back! project in the category of Special Program.

Lou Brock served as honorary chair. Guy Phillips, DJ at Y98FM, was the guest speaker, auctioneer and emcee. In addition to the award ceremony, the event included a live auction and dancing to music by the Gateway City Big Band.

The event raised \$16,300 to support healthcare services. Part of this money was raised through the live auction which included items such a one week stay in a sea side condo Gulf Shores, Alabama, a luxury suite for 20 at Busch Stadium, and a helicopter ride over metro St. Louis. All items were donated to IFM for auction use.



Seated l to r: Guy Phillips & Kim Phillips, Dr. David Campbell & Veronica Campbell, Dr. Rodney Coe (Board member) & Elaine Coe. Standing: Rev. Jacqueline Brock & Lou Brock

Institute for Family Medicine

Financial Statement

For fiscal year July 1, 2007 through June 30, 2008

Revenue

Contracts.....	\$2,319,588
Grants.....	\$220,697
Program (patient billing and Medical Director fees).....	\$688,125
Interest.....	\$42
Fundraising gross.....	\$73,314
Other revenue.....	\$15,763

Total Revenues.....\$3,317,529

Expense

Program services.....	\$2,736,088
Administration.....	\$686,644
Fundraising expense.....	\$25,215
Total expenses.....	\$3,447,947

Current Fund

Expenses in excess of revenue.....	-\$130,418
Net assets on 6/30/07.....	-\$536,714
Net assets on 6/30/08.....	<u>-\$130,418</u>
Net assets or fund balances as of end of year.....	-\$667,132

*From 2007 2008 IRS Form 990

Address questions to: Mary Cappel, Vice President & Chief Business Officer
(314) 849-7669 (105)

Board Members

As of June 30, 2008

Mary Ann Cook, PhD; Chair (until May 2008)
JVC Radiology

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St Louis Effort for AIDS

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Forest Park Hospital

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Vincentian Priest

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Tracy Pestka, RN
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Practice Manager

Mary Cappel
Vice President & Chief
Business Officer

Cash Donations

\$2,500 to \$10,000 or more

Anonymous Corporation
Mary Ann Cook and Joe Cusamano
John Schiffman
Tenet Health System, SL

\$500 - \$2,499

Carondelet United Church of Christ
Rod Coe
Connors Communication, Inc.
Deaconess Foundation
Edward Jones
Richard Ellerbrake
KASS MSO, Inc.
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Andrew Scaduto, MD
St Louis Gastroenterology

\$200 - \$499

John & Crystal Beuerlein
Halina Conti
Stephen Novack

Up to \$199

Patty and Steve Berry
Linda Bock
Elizabeth Bortschelle
Shirley Brethauer
Carol Buritsch
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Marion Gauer
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Russell Streib
Libby Reuter
Unilever
Sue and Nick Van Patten
Joyce Reese
Marva & John Warmington
Patricia Wells
Mary Williams
James Willock
Gary & Diane Windler
Christopher Young

Non Cash Donations

Acorn Golf Links
Annbriar Golf Course
Rohn Beardsley
Maria & Peter Bitzer
Theresa Brennan, TKB Graphics
Build a Bear Workshop, Inc.
Lizanne & Mark Campbell
Casa Gallardo Mexican Restaurant
Chateau on the Lake, Branson
Clark Street Grill
Janet & Larry Conners
Dale Printing
Dierdorf & Hart's Steakhouse
Joann & Richard Ellerbrake
Cindy Farris, "The Wine Lady"
Julie & William Feldner
Ellen Fercho
Gallagher's, Waterloo, Illinois
Hautly Cheese Company
Heartland Bank
Hilton Promenade at Branson Landing
Hilton St Louis Airport
Irish Crystal Company, Inc.
Lackland Florist, Inc.
Kellie Lobb
Lodge of the Four Seasons
Maritz
Men's Warehouse
Metro Air Support
Colette Monahan
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Ozzie's Restaurant & Sports Bar
Gregory Pantukhoff
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Pujols 5 Westport Grill
Fred Rottnek Sr.
Judy & Gary Sobocinski
Norma Stern
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Renaissance Hotels and Resort
Margie & John Simon
Sheratons at Westport
SBP Image Solutions
St Louis Cardinals
St Louis Crisis Nursery
Triple Lakes Golf Course
The Westin St Louis
Westport Plaza