



**Institute for Family Medicine
St Louis, Missouri**



2010 Annual Report

For July 1, 2009 - June 30, 2010 Fiscal Year

Stories of the People We Serve

VISION

We envision a community where

- Every person has a health home
- Quality health services are available and appropriately utilized
- Disparities in health outcomes are reduced
- Community agencies collaborate to improve health services
- A sustainable cadre of health professionals is committed to achieving the vision

MISSION

Improve the health and quality of life for disadvantaged children and families by reducing access barriers and delivering quality health care services.

BOBBY (2 YEARS OLD)

His father is the primary caretaker of Bobby and his two older brothers. His father speaks little or no English, and Bobby had been taken to a variety of urgent care and emergency room settings for his cough. Frightened, crying and unable to cooperate with the physicians trying to examine him, Bobby had been diagnosed with 'ear infections'. Bobby's father brought him to the Institute for Family Medicine – South City office in their neighborhood. With a consistent health home, Bobby became less combative during exams and was diagnosed with asthma. Not only did his cough come under control, he was caught up on routine immunizations, and guided to the appropriate specialist for evaluation of his previously diagnosed GI condition.

ALMIRA (13 YEARS OLD)

Almira enrolled in school, but did not speak any of the languages that the other children in her class spoke. The teachers had brought her to the Institute for Family Medicine School based clinic located in her school because she was crying and pointing to her ear. She did indeed have an ear infection, which we treated, but the crying episodes continued and she refused to participate in class. She was brought into our school based clinic in a near stupor - like state. We accompanied her to the emergency room where this recent refugee from a war-torn country was diagnosed with PTSD (Post-traumatic stress disorder). We continue to assist in her care. With the assistance of trained counselors, she is participating in class, and smiling again.

GRANDMA VO (ELDERLY PATIENT)

Grandma Vo was on a number of medications, and came to our South City clinic somewhat confused. Blood tests also showed that her liver function was impaired. We made a home visit and discovered that Grandma Vo was unable to keep track of her medications, sometimes forgetting to take them, and sometimes forgetting and

taking multiple doses. We arranged for her to get pill organizers, and through one of our many community partners, nursing students check in on her regularly to assure that her husband is getting refills, and organizing her pills accurately. Grandma Vo's condition has significantly improved.

Three primary categories of services at the Institute:



Traditional Office Practice

The Institute maintains a traditional primary care physician office located at 4590 South Lindbergh Boulevard. We were fortunate to have three skilled and caring providers at our private practice: Abby Borgemeyer, Physician Assistant, Dr. David Campbell, Dr. William Feldner. All providers are certified in Family Practice. Dr. Feldner is also trained in sports medicine. Combined, the providers saw 5689 patients at the traditional practice.

Services with St Louis County Department of Health

The Institute has been contracted with St Louis County Department of Health since 2000 to provide primary care physicians and nurse practitioners for the three health centers and two correctional facilities. The Institute's contract to see patients at the correctional facilities terminated in December 2009. The three health centers are John C. Murphy on Helen Avenue near the airport, North Central on Jennings Station, and South County on South Lindbergh. Nine Family Practice or Internal Medicine physicians, two pediatricians, one podiatrist, and three Family Nurse Practitioners saw patients at the three health centers. A family physician and family nurse practitioner saw correctional patients. Unfortunately, due to data issues, the number of patients see at the correctional facilities are not available.

Facility	Patients Seen
John C. Murphy	5055
North Central	8032
South County	8910
Correctional	NA
Total	21,997

Community Services

SCHOOLS

Schools		
Locations	Included Services	No. served
<i>Hancock Place</i>	School Based Health Center	509
	Dental grants	188
<i>St Louis Public Schools</i>	On – site	515
	Dental grants	122
<i>Bayless</i>	On – site	37
	Dental grants	74
<i>Wellston</i>	On – site	148
<i>Jennings</i>	On – site	42
<i>University City</i>	Dental grants	132
<i>Maplewood Richmond Heights</i>	Dental grants	42
<i>Valley Park</i>	Dental grants only	27
<i>Hazelwood</i>	Dental grants only	577
All schools	Subtotal on-site services	2413
<i>All IFM schools</i>	School Nurse consults	71
<i>All IFM schools</i>	Parent consults	80
<i>All IFM schools</i>	Referral to PCP	21
<i>All IFM schools</i>	Needs referral, no PCP	6
All Schools	Total all services	2591

The community services offered by the Institute constitute an important part of the mission. There are two types of community services at IFM: schools and partnerships with social service organizations.

IFM services in schools include medical and other health services. IFM was the Medical Director for 12 school districts or charter schools. These schools are: St Louis Public Schools, St Louis Charter School, Hancock Place, Bayless, Maplewood Richmond Heights, University City, Jennings, Riverview Gardens, Wellston, Special School District, Clayton (adult standing orders only), and University of Missouri St Louis. As Medical Director, the Institute provides phone or email consultation on health issues; and standing orders of over

the counter and emergency medications. With these services, school nurses have greater efficiency. The Institute also sends a Family Nurse Practitioner or Physician on site to selected schools.

Other health services at affiliated schools include dental services. Dental services include education, preventive sealants, and treatment. These services occurred in select schools where IFM serves as Medical Director, as well as Valley Park and Hazelwood.

People served at the schools were of diverse heritage: 22% African American, 40% Caucasian, and 38% other minorities, including Eastern European, Hispanic, African, Asian, and Middle Eastern.

Italics denotes district where IFM serves as medical director.

Note: Standing order distribution numbers are not available.

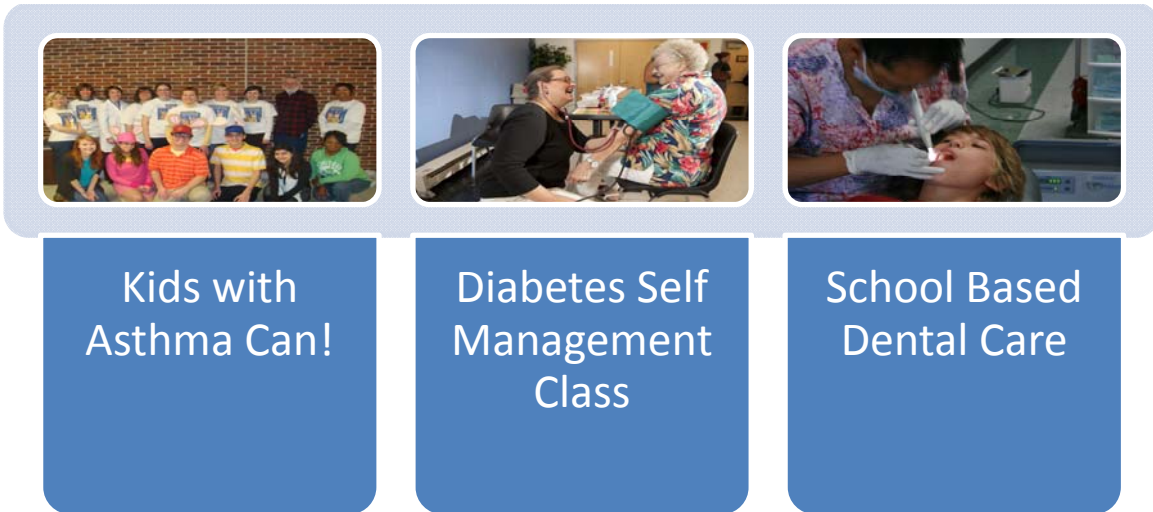


PARTNERSHIPS

Partnerships with social service organizations included public housing, four organizations that serve children and youth, and two that serve New Americans. The Institute partnered with St Louis University School of Nursing to operate a primary care clinic in a St Louis Housing Authority residence that serves the elderly and disabled. Since 2000, either a physician or a Family Nurse Practitioner has provided medical services to children at ECH (formerly Evangelical Children’s Home; currently Every Child’s Hope). The Institute coordinated medical care at the five St Louis Crisis Nursery facilities. The state requires a physical on all children shortly after they are taken into care. The Vietnamese clinic, now housed at its new location at Youth in Need South Side, provided culturally competent care for the Vietnamese population.

Type of Org.	Partnerships with Social Service Organizations		No. Served
	Name	Location	
Housing	St Louis Housing Association	Parkview	540
Children/Youth	ECH		377
Children/Youth	Crisis Nursery	Forest Park/South	835
		Christian Hospital	289
		St Charles St Joes	377
		St Charles West	211
Children/Youth	Covenant House Missouri	Physicals	222
Children/Youth	Youth in Need	South Side	324
New Americans	Vietnamese Clinic	South Side	284
New Americans	International Institute	South Side	824
All	Social Service total	All	4383

GRANTS



In 2009 – 2010 the Institute was proud to have the financial support of 3 school related grants and 2 for social service. Of the school grants, 2 supported school based dental services. The third school grant, from Express Scripts, provided general support. This grant terminated in November 2009. In August 2009, we received our latest grant, “School Based Asthma Services: Stepping Beyond the Barriers”. Missouri Foundation for Health (MFH) funded this grant.

The social service grants include the diabetes program and Saigh Foundation support of our work in the Crisis Nursery.

The larger of the two dental services grants supports a preventive sealant program that serves uninsured students in seven school districts. Funding for the sealant project was also provided by MFH. Daughters of Charity Foundation of St Louis provided funding for fillings, cleanings and other restorative treatment. The combination of the two grants allows the Institute to offer comprehensive, accessible and quality dental services to uninsured students in six participating school districts. Dental services are offered in conjunction with the school based dental services company, “Big Smiles”.

Grants		No.Served
School: Dental	Children screened by dentist	500
School: Dental	Children receive sealants	253
School: Dental	Children receive treatment	434
School: Dental	Students receiving in - class oral hygiene education	557
School: Dental	Screen, Varnish 1 st app/2 nd app	171
Community	Diabetes Self Management	46
All Grants	Total all services	1961

To complement the dental services, the Institute began a partnership in 2009 with the Dental Technologies program at Forest Park Community College and the Missouri Department of Health and Senior Services, Division of Community and Public Health, Oral Health Program. In spring 2009, this partnership provided oral screenings, oral hygiene education, and fluoride varnish (to help prevent cavities) to 171 students at seven area schools in six districts. In addition to providing needed preventive services to underserved students, the program also serves as skills training for the Dental Hygiene students at the college. (Note: Some students received more than one dental service.)

Finally, the Institute works under a contract from Washington University School of Medicine to offer diabetes self management classes in the community. Washington University received their funding for this project from MFH. Eighteen individuals completed the series, attending five out of 6 classes offered by the Institute. An even greater number, 46 attended at least one class.

Institute Salute Gala event

Institute Salute Gala event



Al Wiman
Media



Mimi
Broderick
Government



FPCC Dental
Organization



Saralou
Hendrickson
Government



Crisis Nursery
Not for Profit



William
Fogarty
Individual

The Institute Salute was held on Saturday October 10, 2009 at the Hyatt St Louis Riverfront. Over 160 people attended a lovely evening, which featured Jive and Wail dueling pianos for entertainment, a delicious dinner of mixed green salad, dry rubbed chicken with mushroom marsala sauce, and either chocolate fudge layer cake or New York cheesecake for dessert. The event also included a silent auction and awards to deserving Community Champions.

We were honored to have Larry Connors as honorary chairman and Congressman Russell Carnahan as our special guest.

Following is a list of this year's champions and under which category they were honored:

- Al Wiman; Media
- Forest Park Community College Department of Dental Technologies; Organization
- St Louis Crisis Nursery; Not for profit
- Mimi Broderick; Government
- Saralou Hendrickson; Government
- William Fogarty, MD; Individual
- Boyce and Bynum Pathology Laboratory; Special (Not pictured)

Financial Statement

For fiscal year July 1, 2009 through June 30, 2010

Revenue

Contracts.....	\$1,983,998
Grants.....	\$323,960
Program (patient billing and Medical Director fees).....	\$913,007
Interest.....	\$0
Fundraising gross.....	\$30,181
Other revenue.....	\$54,825

Total Revenues.....\$3,305,971

Expense

Program services.....	\$2,856,115
Administration.....	\$360,555
Fundraising expense.....	\$44,168
Total expenses.....	\$3,260,838

Current Fund

Revenue in excess of expense.....	-\$45,133
Net assets on 6/30/09.....	-\$705,413
Net assets on 6/30/10.....	-\$660,280
Net assets or fund balances as of end of year.....	-\$660,280

*From 2010 Audit

Address questions to: Mary Cappel, Vice President & Chief Business Officer
(314) 849-7669 (105)

Board Members

Officers

As of June 30, 2010

Richard Ellerbrake, DDiv; Chair
President Emeritus,
Deaconess Health System

James Romeis, PhD; Vice Chair
St Louis University School of Public Health

Reginald Montgomery
Kelly Financial Services

Lynn Abernathy, MSW
St Louis Effort for AIDS

Rodney Coe, PhD
Emeritus, St Louis University School of Medicine

Ivory Crockett
Forest Park Hospital

Nancy Sublette, BSN, MHA
Healthlink

Coleman Sheehan, CPA
Moneta Group

David C. Campbell, MD, MEd
President & Chief Executive Officer

Mary Cappel
Vice President & Chief Business Officer

Tracy Pestka, RN
Chief Nursing Officer & Practice Manager

Cash Donations

\$2,500 to \$3,500

Healthlink
Deaconess Foundation
Barnes Jewish Hospital
St Louis University Hospital
Missouri Foundation for Health
St Louis Area Business Health Coalition

\$1,000 - \$2,499

St Anthony's Medical Center

\$500 - \$999

Simon Law Firm
Celeste Breitweiser
Nancy Sublette
Wellpoint Associate Giving Campaign

Up to \$200

Charles & Courtney Berg
Helen C. Hanna
Don Hudson
Traci Marquis-Eydman
Monsanto Matching Gift Fund
Cuong Phan
Lou & Jen Piotrowksi
Retirement Plan Services
Barry & Darina Sargeant
Michelle Schmitt
Terri Schulenberg
Mr. & Mrs. Glen Smith
Joan & Jerry Sullivan
Wellpoint Matching Gift

Grants Received

Missouri Foundation for Health

- Childhood Asthma Linkages in MO
 - \$152,237 received in FY
- Smiles Across Greater Missouri
 - \$71,115 received in FY
- Diabetes (subgrant from WU)
 - \$32,725 received in FY

Saigh Foundation; \$10,000 received in FY

Non Cash Donations

Araka
Arbonne
Bissinger's Chocolates
Blanche M. Touhill Performing Arts Center
Boeing
Bouffant Daddy
Bristol's
Kelly Brown
Tom and Judy Byrd
Café Napoli Italiano Ristorante
Mark and Lizanne Campbell
Mary Cappel
Casa Loma Ballroom
Cedar Stone Lodge
Chase Park Plaza Hotel
Cinema St Louis
Janet and Larry Connors
Mrs. J. William Cox
Crowne Candy Kitchen
Dad's Cookies
Donnarae Danzer
David's Design Salon
Sue Decker
Eagle Falls Ranch Zipline
Pat Edwards
Edward Jones Family YMCA
Ellen Fercho
Cindy Ferris
Friends, Family and Staff of Administaff
Hannah Gilk
Habitat Corporate Suites Hotel, Chicago
Harry's Restaurant
Harvey's Alley Spring Canoe Rental
Alan Hautly
Healthlink
Heartland Bank
Dana Hutchinson
Hyatt Regency St Louis Riverfront Hotel
Irish Crystal Company
Jessup Cellars
Kaldi's Coffee Roasting Company
Kenrick's Meats and Catering
Kutis Funeral Home
Morgan Le Fay
Madinger Wines
Maggiano's Little Italy
Maravelle Catering
Samantha and Mike Marquard
Massage Envy
Connie McDermott
Melting Pot
Merle Norman
Metro Air Support
Missouri Botanical Garden
MOMO's
Monsignor Forst
O'Faolian Academy of Irish Dance
Onesto Pizza and Trattoria
Nancy Ortinau
Ozark Orchard Restaurant
Panera Bread
John Papa
Pasta House
Pi Pizza
Sherri Pogue
Qdoba Mexican Grill
Red Lobster
Libby Reuter
St Louis Cardinals
St Louis Symphony
St Louis Crowne Plaza Hotel
St Louis University Athletics
Scandal's Day Spa and Salon
Michelle Schmitt
Shannon Shop
Sports Medicine and Training Center
The Stable
Nancy Sublette
Ted Drewes
The Repertory Theatre of St Louis
Trader Joe's
Twisted Sisters Nails
University of Missouri Athletics
Mary Jo Wagner, RPT
Louis M. Watts
Wine and Cheese Place