



The Institute Quarterly

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INSTITUTE FOR FAMILY MEDICINE

Mission

The Institute for Family Medicine is an independent, non-profit organization of physicians and health care professionals dedicated to traditional family medicine, comprehensive community-based services and public health, and innovative community partnerships to provide health care and promote wellness for the underserved.

Institute Expands Program in Public Housing

For nearly two years, the Institute for Family Medicine has operated a satellite office in the public housing complex known as Parkview, located on Forest Park Boulevard in the Central West End. This program began when the Institute responded to the request of the housing authority in the city of St. Louis to provide on-site medical care to their residents. “As we began to put this program together, we contacted the Saint Louis University School of Nursing. Initially I was calling to get a suggestion on a nurse practitioner to work with me on the project,” explains Dr. Campbell, CEO of the Institute. “But the phone call turned out to be much more productive than that – we developed a partnership that has been great for the school, the Institute and the housing authority”.

Not only has Margaret Benz, an adult nurse practitioner and faculty at the School of Nursing, worked with Dr. Campbell to provide care at Parkview, but that location became an important rotation site for students from the School of Nursing to work with the residents, and set up adjunct programs like exercise classes and health screenings. “The residents love having the nurses and doctor come to their building” according to Marvin Bostic, resident services manager for the



Resident of Parkview has blood pressure checked by Margaret Benz.

St. Louis City Housing Authority. “The primary question I received was from residents of other complexes, wanting to know when they would get a similar program.”

The first expansion occurred in the fall of 2004 when the School of Nursing established student rotations at Badenhau located in north city. That location became a rotation site for the nursing students under the supervision of Sheila Leanders, a public health nursing instructor with the nursing school. Programs there have involved health screening and health education.

This fall, a clinic is opening at James House located on St. Ferdinand near MLK. This clinic has been developed with a multidisciplinary approach, enlisting the involvement of the Saint Louis University School of Allied Health. This opens up the opportunity for students from the physical therapy and occupational therapy



Brenda Le checks out patient at James House.

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Director's Column

“...let me re-phrase that”

Have you ever struggled to find just the right words to communicate your point. The same challenge faces an organization when developing a mission and vision statement. The mission and vision statement of an organization is like your chance to make a good first impression. You may not always have the chance to explain in detail what an organization does, or describe all of the programs in which members are involved. At a glance you want individuals reading the mission statement to get a real flavor for your organization.

With that in mind, the Institute leadership gathered about a year ago to begin a process to refine our mission and vision statement. Members of the board of directors, officers, managers, and directors met with Janet Sprimont who was provided by Administaff, Inc. and served as a facilitator. A great discussion ensued, but I have to be honest. When the meeting was over, the notes got filed, and the day-to-day demands of the organization put the process on the back burner. Almost a year passed, the notes resurfaced, and a smaller group including Hannah Gilk, Dr. Fred Rottnek, board chair Dr. Mary Ann Cook and former board chair Dr. Rodney Coe met again with Ms. Sprimont, and brought all the loose ends together.

At the Board of Directors meeting on September 21, 2005, the final product was approved. The mission of the organization hasn't changed, but hopefully the new mission and vision statements present it in a more clear and concise way. Ultimately, you, the reader, will be the judge of that.

Dave Campbell, MD
CEO

MISSION STATEMENT

The Institute for Family Medicine is an independent, non-profit organization of physicians and health care professionals dedicated to traditional family medicine, comprehensive community-based services and public health, and innovative community partnerships to provide health care and promote wellness for the underserved.

VISION STATEMENT

We envision a community where...

- Every person has a health home
- Quality health services are available and appropriately used
- Disparities in health outcomes are reduced
- Community agencies collaborate to improve health services
- A sustainable cadre of health professionals is committed to achieving the vision

Public Housing...

(continued from page 1)

programs to also be involved with the residents of James House. Medical services will be provided through the Institute, with Brenda Le, family nurse practitioner, serving as the key on-site provider. This is also an ideal setting for the nursing students according to Mary Ann Lavin, Sc.D., R.N. faculty supervisor from Saint Louis University. “Students seldom have the opportunity to be involved in the development of a health center that provides holistic care, yet it is precisely this kind of involvement that they will not only remember for life but will be able to draw upon when they are in positions to implement such programs in the future.”

The program at James House will initiated with a health fair, to be held November 15. More than 20 health care and social support agencies will be involved. Flu shots, blood pressure and blood sugar screenings, nutritional guidance and health education will be among the services at the health fair.

The public housing initiative is a perfect example of how the Institute carries out its mission of bringing health care to underserved populations in their communities. ■

Corrections

The last issue of the Quarterly included two errors that have been noted:

- In listing program specific grants we listed Daughter of Charity. The correct name of the granting organization is Daughters of Charity Healthcare Foundation of St. Louis.
- We also apologize for misspelling the name of Senator Betty Sims.

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Institute Volunteer Turns Eighty!

Many people choose to volunteer after they retire. Only occasionally does someone continue to volunteer after they turn 80, and rarely at that age would someone's volunteer service amount to 15-20 hours per week!

The Institute has been very fortunate to have such a rare individual. Charlie Campbell has served as the director of maintenance since the inception of the Institute in early 2000, and continues his volunteer service even as he celebrates his 80th birthday.

"The Institute has been very fortunate to have such a rare individual."

Members of the Institute staff attended the celebration in honor of Charlie's 80th birthday, which turned into a particularly touching tribute as several of the 80 or so attendees shared their stories of what Charlie has meant to them. Walter Kunz, long time member of Carondelet Church, recalled that during the flood of 1993 "I looked out the window and there was Charlie and his truck. I didn't ask, he was just there to help. Now that's a true friend." ■



Institute staff presents Charlie Campbell with a Cardinal jersey. Pictured left to right are Dr. Jamal Makhoul, Tracy Pestka, Pam Taylor, Adisa Ademovich, Charlie Campbell, Mary Cappel and Cathi Hardesty.



Dr. Taylor displays her Leadership Award.

INSTITUTE LEADERSHIP

Members of the Institute professional staff continue to be recognized as community leaders.

Ingrid Taylor, M.D. was presented the annual Leadership Award by the Mound City Forum at their annual recognition dinner held September 10. In accepting her award, Dr. Taylor noted "there are very few issues that rank equally with the fight to eliminate health disparities and to recruit, retain, and preserve people of color who are willing to serve compassionately." Dr. Taylor has also been asked to sit on the health disparities committee of the National Kidney Foundation in St. Louis.

William Feldner, D.O. was installed as president of the American Osteopathic Academy of Sports Medicine. Dr. Feldner also serves as team physician for Lindenwood University and assistant team physician for the Missouri River Otters hockey team. He authored the chapter on "Plantar Fasciitis" in the recently published text Principles of Manual Sports Medicine.

David Campbell, M.D. was installed as the president-elect of the Missouri Academy of Family Physicians at the annual meeting of that organization in June. He will become the president of the MAFP in June of 2006 when their annual meeting will be held in St. Louis. Dr. Campbell also attended the Congress of Delegates of the American Academy of Family Physicians and served as an alternate delegate representing the MAFP. ■

School Health Initiative Receives Grant Support

Last summer, the Episcopal Presbyterian Charitable Health and Medical Trust announced a Request for Proposal (RFP) for a new, three year initiative titled Responding to a Crisis of Care: Improving the Quality and Access to Health Care in St. Louis. Thinking this was a good fit, the Institute partnered with our colleagues at the St. Louis County Department of Health and responded to the RFP. Earlier this year we received the word – our School Health Initiative (SHI) was one of only four programs funded.

This grant provides an opportunity to expand and strengthen the relationship between the school districts, the St. Louis County Department of Health (especially Public Health Nursing and Health Education), and the Institute. Beginning

this fall, the Institute expanded services at Wellston and Normandy to a consistent on-site presence. We've held meetings with most school districts to explain the SHI and introduce each district's Public Health Nurse and Health Education staff to the school nurses.

The funds from this grant have enabled us to hire an additional family nurse practitioner (see associated article on Brenda Le). It also allows us to purchase some much-needed medical supplies and equipment, ranging from band aids to nebulizers (used to treat patients with asthma). The St. Louis County Department of Health will also receive salary support for a Public Health Nurse and educational materials. ■

New Providers Join Institute



Brenda Le

Three new providers joined the Institute during the spring and summer of this year.

In April, the Institute welcomed **Brenda Le**, family nurse practitioner. Brenda is originally from St. Louis, and received both her BSN and MSN from St. Louis University School of Nursing. She has six years of experience as a nurse practitioner, with positions in California and Illinois. Brenda joins the school health team, as well as providing coverage within the county health department centers.



Shirley Marshall

In August, **Doctors Shirley Marshall and David Warner** joined the Institute medical staff. Dr. Marshall is a graduate of St. Louis University School of Medicine and St. John's Mercy Family Medicine Residency. The Institute is a perfect fit for Dr. Marshall, who is committed to underserved healthcare and will be pursuing a Master's in Public Health. Prior to medical school, Dr. Marshall worked as a registered nurse and public health nurse. Dr. Marshall will serve as a physician and medical



David Warner

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Gifts & Grants

As a 501(c)(3) not-for-profit organization providing medical care to the underserved, we remain dependent on the generosity of individuals, corporations and foundations. We are grateful to all who have contributed. Included below is a list recognizing those who have supported the Institute's mission financially since our last newsletter.

GIFTS/UNRESTRICTED

Mrs. Alice Jockish
Mrs. Shirley Hilbert
Mr. Donald Hudson
Ms. Juanita Grosse
Ms. Marie Diel
Mrs. Shirley Brethauer
Mr. & Mrs. William Hentchel
Ms. Charlene Moore
Mrs. Carol Buritsch
Mr. & Mrs. Glen Smith
Mr. & Mrs. James Lynn
Mr. & Mrs. Charles Campbell
Ms. Sherri L Pogue
Mrs. Marion Gauer
Saint Louis University General Facilities Services (furniture for James House)
St. John's Mercy Hospital (furniture and equipment for James House)

GRANTS/PROGRAM RESTRICTED

Missouri Foundation for Health
Express Scripts Foundation
Episcopal Presbyterian Charitable Health and Medical Trust



Collaborator's Corner

The importance of collaboration cannot be overstated. Several of the Institute's programs involve other organizations as key collaborators. We intend to recognize a key collaborator in each issue of the Quarterly.

SAINT LOUIS UNIVERSITY SCHOOL OF NURSING

Founded in 1928, Saint Louis University School of Nursing offers bachelor's, master's, and doctoral degrees in nursing. In fact, the school initiated the state's first Doctor of Philosophy in Nursing (PhD) in 1989. The Master of Science degree program began in 1935.

The school has a range of highly competent faculty, four of which are Fellows in the American Academy of Nursing (including Dr. Mary Ann Lavin, the Institute's primary contact). The school is equally proud of its accomplished alumni, who have gone on to become renowned authors, Deans at Schools of Nursing throughout the country, and CEO's of healthcare systems.

The School has entered into many exciting partnerships. The School offers joint degrees with SLU's School of Public Health and works closely with other professional schools. In 2002, its faculty helped establish the University's Center for Interprofessional Education and Research, whose members

come from a range of professions, including nursing, social work, medicine, physical therapy, occupational therapy, and public health.



Dr. Lavin reviews a record at James House with nursing students Tess Walsh and Molly Walther.

The collaboration with the Institute on the public housing project involves the Saint Louis University School of Nursing and the University's Center for Interprofessional Education and Research. It is important because it conforms to the University's teaching, health care and community service mission, where knowledge touches lives; to the multicultural educational mission of the School of Nursing; and to the Center's mission of developing professionals competent in practicing collaboratively for the improvement

of health care to individuals and populations. The success of this mission is already evident in the enthusiasm for the Health Center by the students and the James House residents.

More information on the School of Nursing is available at <http://www.slu.edu/colleges/NR/>. ■

New Providers...

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director at the North Central Health Center location. She will also join the school health team and serve as medical consultant to the Jennings and Wellston districts.

Dr. Warner is also a graduate of St. Louis University School of Medicine. He did his post-graduate work at Forest Park Hospital, and will be working at the South County Health Center. ■

SAVE THIS DATE:

Institute's First Fundraiser Dinner

We are pleased to announce our first fundraiser dinner to be held **Friday March 31, 2006** at the Two Hearts Banquet Center on Lindbergh near Gravois. The event will include an excellent buffet dinner, live music, silent auction, door prizes and dancing to a local Big Band dance band. The Institute's own Dr. Feldner is one of the musicians! We will be sending out more information in the near future.



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Institute Providers Volunteer Services to Katrina Evacuees

While it seemed the news media focused more on the plane load of evacuees that didn't arrive in St. Louis, the fact that some 8,000 residents of the coastal area affected by Hurricane Katrina and subsequent flooding did find their way to St. Louis went relatively unnoticed. Fortunately several community organizations, most notably the Salvation Army, the American Red Cross and the St. Louis County Department of Health reacted quickly to needs of these displaced individuals.

Recognizing that many of the evacuees could be without critical medication, have experienced acute medical needs, or be suffering from a worsening of a chronic medical condition, the St. Louis County Department of

Health, under the leadership of Dr. Dolores Gunn, acted quickly. The catastrophe in the Gulf states occurred just days before a long holiday weekend, so Dr. Gunn ordered the South County Health Department to open its doors on Saturday, Sunday and Monday of the Labor Day weekend exclusively for Katrina survivors. Partnering in that effort, the physicians and health care providers of the Institute

volunteered their time to staff the health center. More than 160 evacuees were cared for at the South County Health Center that weekend, and in the two weeks following the disaster, the Institute and its providers volunteered more than 110 hours of service to assist the county in caring for these individuals. ■

“...the Institute and its providers volunteered more than 110 hours of service...”
